



Study Session Planner

Start with a testable target and finish with a next step.

BY THE END OF THIS SESSION I CAN...

MATERIAL

- ☐ PDF / chapter
- ☐ Slides
- ☐ Problem set
- ☐ Video / class

METHOD

- ☐ Recall
- ☐ Practice problems
- ☐ Flashcards
- ☐ Teach it aloud

SESSION STEPS

- 01 _____
- 02 _____
- 03 _____
- 04 _____
- 05 _____

CLOSE THE LOOP

Confidence before: ____ / 5 after: ____ / 5

Next starting task: _____